VERA HOSPICE CHARITY FOUNDATION
Someone who can’t be cured can still be helped

The mission of Vera Foundation is to make sure that every terminally ill patient in Russia has access to quality hospice care and pain relief — regardless of their age, financial and social status or place of registration.
Problems

• According to the results of VERA's research, in 2016, less than 1/3 of those in need received sufficient pain relief in Russia.

• State budgeting does not provide for a number of essential needs, such as consumable care products, medical furniture, extra nutrition, complex personal equipment (medical ventilators, mechanical insufflation-exsufflation devices etc.) and others, making charitable support vital for quality hospice care.

• There are not enough competent palliative care specialists: doctors, nurses, managers and caregivers.

• Social awareness of how hospice can help and when to seek this kind of help is low.
What hospice does

Hospice restores dignity to the lives of its patients and their loved ones

Proper hospice care includes:

- Pain relief
- 24/7 visiting privileges
- Individualized approach
- Compassionate and competent care
- Social and psychological support
- Multi-professional outpatient care option

Quality of end-of-life care does not rely fully on state provision, but, in fact, is largely dependent on charitable contributions.
Goals

1. **Creating conditions**
   fundamental for palliative care to be guaranteed for all terminally ill children and adults within the federal healthcare and social support system.

2. **Improving quality**
   of palliative care provision in Russia to meet international quality standards.

3. **Informing**
   society to raise awareness about the universal right to quality end-of-life care and ways of receiving it.
Program 1
“Supporting palliative care institutions”

TASK – To develop hospices and palliative units across Russia, making sure they are suitable for providing competent and merciful care free of charge to hundreds of patients and members of their families.

- Cooperation with more than 70 hospices in Russia.
- Platform for guidance, education and exchange of experience.
- Financing the work of in-home care teams.
- Provision of medical equipment and care products.
- Social support for the staff.

budget for the program (monthly)
€ 340 000/ rub 25 000 000
Program 2
“Individual patient support”

**TASK** – to make the life of families with terminally ill children and adults dignified and full, even when they, for some reason, do not currently have access to hospice facilities

- Providing social, legal and psychological support.
- Purchasing complex medical equipment (rehabilitation devices, air support machines, etc.).
- Financing the work of tending nurses.
- Organizing multi-professional care at home.

budget for the program (monthly)
€ 141 000 / rub 10 500 000
Program 3
“Education and guidance”

**TASK** – to increase the number of competent specialists able to render quality palliative care to terminally ill children and adults in Russia.

- Lectures, workshops and internships with world-class palliative care experts for doctors, nurses and managers.
- Adaptation and publishing materials for medical specialists, patients and their families.
- Financing and organizing practical care courses for nurses, volunteers and patients’ family members.

Budget for the program (monthly)
€ 25 500 / rub 1 900 000
Program 4
“Facilitating the advancement of palliative care”

TASK – to create the tools for the appropriate provision of palliative care by cooperating with society, NGOs and state representatives.

- PRO-PALLIATIV.RU – the first informational and analytical online platform in Russia for patients and their families, as well as for palliative care professionals.
- 24/7 palliative care hotline – accessible free of charge throughout Russia.
- Support of the National Hospice Care Association and SMA Families Foundation.
- Interaction with state representatives with the aim of increasing overall accessibility of pain relief to the terminally ill.

budget for the program (monthly)
€ 47 600 / rub 3 500 000
Program 5
“Development of the volunteer movement”

TASK – to provide an individualized approach to each hospice patient and their family members.

- Attracting individuals to volunteer in Moscow hospices for children and adults.
- Training and allocation of future volunteers according to their abilities and wishes.
- Coordination of volunteer work in hospices, in-home care teams and at Vera events.
- Creation and distribution of publications and materials related to the work of volunteers in hospices.

budget for the program (monthly)
€ 5 000 / rub 370 000
Ways to support VERA FOUNDATION

- Financing a charitable program or part of it
- Volunteering at hospices and VERA events
- Providing care products and other goods for hospices
- Holding fundraising events and actions
The people behind VERA FOUNDATION

VERA Trustees and Board members are outstanding businessmen, actors, musicians, writers and journalists, medical doctors and social activists.

It is due to their extensive experience, vast knowledge and constant efforts that more and more people are becoming involved in supporting hospices each year and more patients are gaining access to quality care.

Ingeborga Dapkunaite
Actress, Trustee at VERA

Tatiana Drubich
Actress, Trustee at VERA

Dmirty Yampolskiy
Businessman, lawyer, Chairman of the Board at VERA

Nyuta Federmesser
Director of the Moscow Center for Palliative Care, Founder at VERA
2018 Annual results

We supported 14 hospices.

Over 440 families with terminally ill children received comprehensive care.

10 218 adult patients got advice on the VERA hotline

Almost 2 196 professionals received training through conferences, courses and internships.

More than 2 737 volunteers were involved in providing care in hospices through VERA.

Total charitable expenses
€ 5 567 000
Share of administrative expenses: 10%
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